

# **MENU**

Breakfast is served until 2pm (weekends 3pm)

Open Sandwiches are served from 1130am - 1700pm

Hot food 1730 - 2000pm. See menu at Rallys

Toast is served until one hour before closing time

#### Allergens:

Information about the content of allergenic ingredients in our dishes can be obtained by contacting the staff in the bar

Kitchen closes 1 hour before closing time

#### About us and the environment

We try to think green, so we throw away as little as possible, use organic products to a large extent and preferably only buy products that have been produced so that environmental impact is considered from start to finish.

We do what we can and constantly try to optimize, which is why there are several options for free. Too often these options haven't been used and turned into garbage. So now we ask that you simply ask for them. The options appear on the menu card.

Note that we have vegan cheese as well as gluten-free alternatives for bread and cake.

# **ENGLISH**

## HOT DRINKS - NON ALCHOLIC

*	Espresso	26,-
*	Americano	30,-
*	Cortado	34,-
*	Flat White	37,-
*	Café Latté	40,-
*	Cappuccino	37,-
*	Chai Latté	40,-
*	<b>Tea</b> Earl Grey, black tea, herbal tea, green tea, quince tea, Mountain tea	30,-
*	Hot cocoa with or without whipped cream	40,-
*	Hot organic juice	32,-
*	Coffee to-go	+ 2.

## BEER AND WATER

# RALLYS CONSTANT RANGE OF BEERS

•	<b>*</b>	Rallys pilsner – Thisted brewery	29,
	<b>*</b>	Thy Classic – Thisted brewery	29,
•	<b>*</b>	Limfjordsporter - Thisted brewery	34,
•	<b>*</b>	Ale No. 16 – Refsvindinge brewery	34,
	*	Take a look at our range of quality beer and cider – Ask at the bar!	
WA	ΤE	ER AND COLD DRINKS - NON ALCOHOLIC	
	<b>*</b>	Rallys' homemade organic lemonade	35,
,	*	Frem soda (Raspberry, Apricot, Orange, Green Sport, Sparkling water w/wo. lemon)	25,
	<b>*</b>	Coca Cola / Zero	28,
	<b>*</b>	Hancock Sport Cola	30,
	<b>*</b>	Organic blood orange soda	35,
,	<b>*</b>	Søbogaard juice (Elderflower, Black currant, Apple)	28,
	<b>*</b>	Cold Cocio chocolate milk	30,
	<b>*</b>	Iced Latté w. caramel syrup or vanilla syrup	40,
	<b>*</b>	Ginger Beer – Old Jamaica	30,
	<b>*</b>	Organic orange juice	25,

<b>*</b>	Organic carrot and orange juice	37,-
*	Organic beetroot- apple- and gingerjuice	
*	Et glas mælk	10,-

# MORNING (all day untill sold out)

♦ On the side

*	Goodmorning Rallys	95,-
	Toasted sourdough and rye bread, $1/2$ avocado, gouda cheese, butter, yoghurt w. granola and homemade rhubarb compote, coffee or tea of your cho	
*	Hurtig	87,-
	Bun, $1/2$ avocado, gouda cheese, croissant of your choice, coffee or tea of your choice	
*	For our breakfastplates Rallys recommends:	Eng
	Butter Organic Strawberry jam	Free
	Homemade rhubarb compote	Free
	Soft boiled egg	10,-
	Organic carrot and orange juice	37,-
*	Yoghurt	55,-
	Yoghurt with homemade rhubarb compote, granola, fresh apple and blueberries	
*	American pancakes	50,-
	With whipped cream, syrup and fresh blueberries	
*	Bun with spread	30,-
	choose between: Gouda, red cheddar, chorizo, smoked ham or organic strawberry jam	
	And butter	
*	Smiley	30,-
	Toasted rye bread, butter and a soft boiled egg	
*	Rye bread with cheese (Old School)	28,-
	Toasted rye bread, butter and gouda cheese	

20,-
25,-
30,-
12,-
7,-

#### HOMEMADE RUSTIC TOASTS\*

	extras for all toasts: ins, Chili or Humus (with a bit of paprika)	
*	Veggie Avocado, gouda, sun-dried tomatoes, mustard-mayonnaise and pickled red onion	60,
*	Skinken Smoked ham, red cheddar, basil, mustard-mayonnaise	60,-
*	Chorizo Chorizo, red cheddar, sun-dried tomatoes, mustard-mayonnaise.	60,
*	Tuna melt Tuna salad, pickled red onion, red cheddar, mustard-mayonnaise	60,
*	Børnetoast (a kidsfavorite) Smoked ham and red cheddar	45,
*	Try your toast on organic rye bread	

ALL TOASTS CAN BE MADE TO-GO No extras

#### SMØRREBRØD/Open Sandwich (served from 1130am - 1700pm)

All our open sandwich are served on organic toasted rye bread from Brødflov If asked we served pickled red onion as a free extra  $\,$ 

*	Hønen (Chicken)	57,-
	Dijonmustard, fresh apple, chicken salad peber and chives.	
<b>*</b>	Avocadomad mustard-mayonnaise, avocado, sun-dried tomatoes, basil, salt and peber.	57,-
*	Augget (Egg) mustard-mayonnaise, organic eggs, chives, salt and peber Top it with shrimps for 20,- extra	57,-
*	Pølsen (Chorizo) mustard-mayonnaise, chorizo, hummus, sun-dried tomatoes og chives	57,-
*	Rejen Toasted sourdough, mayo, shrimps, lemon og chives Can be made on rye bread - Add on ½ avocado or a soft boiled egg for 10,-	85,-

## <u>FISH</u>

❖ Sustainable fish from Grøndals, organic sourdough bread, mustard-mayonnaise, and basil and lemon

#### Choose between:

Tunafilet in fennel and oliveoil	75,-
Tunafilet in spicy oliveoil	75,-
Tunafilet in chili and oliveoil	75,-
Pilchards in oliveoil	75,-
Pilchards in spicy oliveoil	75,-

#### OFFER FOR STUDENTS (Monday to Friday kl 12-19)

We put together small offers for our dear students.

# ❖ THe bit hungry one One of our Rustic toast and a drink (max normal price 40kr) Get one of our toasts and something for the thirst ❖ Refill (In same cup/glass) Espresso & Americano Tea vand Milk coffee 20,-

First cup is the normal price. After this we refill in the same cup/glass